



Discovery Call

what to expect

www.doctorparia.com

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dr. paria vaziri



About Dr. Paria

Dr. Paria is a licensed naturopathic doctor in California with a speciality in hormonal and gut health.

At this time, she is only accepting virtual clients.



Holistic Approach

Dr. Paria identifies your **unique imbalances** using a thorough medical history & clinical picture intake with functional lab testing.

With this information, she create a **bio-individualized** approach using **medical grade supplements** and **specific lifestyle changes** to help you reach your health goals.

The Process

1 Discovery Call

A **free 30 minute discovery call** where we uncover your health history, establish your health goals, and decide the best course of action to take. At this time, I recommend completion of either **Dutch hormone test, GI Maps stool test**, or both to help establish a clear picture of your imbalance. Other **speciality labs** can be discussed based on what is indicated for your **unique physiology and concerns**.

2 Action

You will be **onboarded as a new client** and the process of completing lab work will get initiated. Once I receive your lab results, we will schedule your **first appointment** where we review your results in depth and I provide you with your **unique plan** that includes **targeted supplements** and **specific lifestyle recommendations**.

3 Follow Ups

Monthly follow ups are scheduled to check in on progress and alter plan as needed. Between appointments, you will have access to my **Charm portal** which allows you to **message me at any time** with **questions** that may arise during the process.

Are we a good fit?

- You want a holistic approach to health
- You are ready to invest in your health mentally, emotionally, and financially
- You are ready to make necessary lifestyle changes and step outside of our comfort zone
- You want long lasting change

yes!

- You want a quick fix
- You are not ready to invest in your health
- You are not ready to make necessary lifestyle changes
- You have difficulty adhering to a set plan

no

Testimonials

"I highly recommend Dr. Paria, she's been able to do for me what many other dermatologists and naturopaths could not."

- LR

" I will definitely be a patient of Dr. Paria for life!"

- RM

"I highly recommend anyone to invest in their health and work with Dr. Paria, you are worth it."

- MH

[click to read more testimonials](#)



Ready to take
the next step?

[click here to book
your discovery call](#)

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